

CAMPUS SERVICES & RESOURCES

When students are experiencing a need for support, they are often more likely to connect with these services. Introduce campus services and web-based resources when it is timely to do so.

Suggestions:

1. Remind students about health-related initiatives, activities and forums occurring on campus. Encourage their participation in activities such as Camosun's "De-stress Fest."
2. Recommend students access the online resources of counselling, library and learning services, the ombudsman, disability resource centre, campus security and others, as well as connecting with these services in person, when needed.
3. Invite representatives from the greater community to speak on related topics and on general health and well-being.